



Forest School Procedures for Extremely Warm Weather

Our forest school is cooler than the main outdoor gardens as lots of shade is provided by the canopy of trees. In addition to the usual procedures for nursery sessions in warmer weather (sun cream and suitable hats) please note the following:

During periods of extremely warm weather staff will adhere to the following procedures:

- Staff will ensure they are suitably dressed wearing long sleeves tops and long trousers
- Offer waterproof trousers to parents/carers of all children to protect their clothing
- Offer waterproof coats to parents/carers whose children are wearing short sleeved tops
- Suggest to parents/carers that children wear their own coats/nursery waterproof coat if children arrive in short sleeves, explaining the risk of scratches, nettle stings etc. and insect bites.
- Cold drinks will be provided for children and adults during snack time and will be available to all throughout the session
- Children's temperatures will be monitored to ensure they aren't getting overheated. If a child is found to be getting too warm they will be offered a drink, if necessary the group will have a second snack time
- If the accredited forest school leader deems it to be too warm to continue the session, children will return to the classroom and the usual procedures for the general session will apply

On your child's forest school sessions we ask parents/carers to ensure the following:

- Children come dressed for their forest school session in a long sleeved top and trousers (to protect their arms and legs from scratches, nettle stings etc. and insect bites)
- Children will be asked to wear waterproof trousers (to protect their trousers from excess mud and dirt they will encounter during their learning)

If parents/carers decide not to dress their child in waterproofs they will still have access to water play/mud so please be aware that any trousers could quickly become extremely dirty. Parents/carers also need to appreciate that children wearing short sleeved tops will not be protected from scratches, nettle stings etc. and insect bites during their forest school session.